

# Editorial

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## Welcome to the 2023 Winter Issue of The British Student Doctor Journal!

It is an honour to introduce this issue as my first contribution to the British Student Doctor Journal (BSDJ) as the new Editor-in-Chief. 2023 has been a busy year; we have been working hard to innovate both within the journal and through working with our authors to bring their work to the fore.

A core part of our ethos at the BSDJ is the drive to enable medical students to contribute to defining and finding solutions for current challenges in healthcare, which is a key theme of this year's issue. Particularly, this issue has a strong focus on challenges and innovation within Neurosurgery and Neuroscience, and we are pleased to feature original research from Shivaali Karelia and Dr Neel Halder exploring effective strategies to rehabilitate patients with dysexecutive syndrome following traumatic brain injury. In addition, the issue features NANSIG prize-winning essays from Immanuel Sani, Francesco Magni and Phillip Howard exploring important advancements in these fields, highlighting the rapid evolution of clinical practice and areas for the next generation of clinician scientists to address.

More broadly, the issue extends to discuss important themes and advancements in medical specialties and psychiatry. We are pleased to present an education piece by Nethra Subramanian discussing advances in haemophilia therapy, which is an extremely timely review with the recent licencing of CRISPR-Cas9 therapy for clinical use among patients with sickle cell disease and thalassaemia. Furthermore, Sashini Jayasinghe writes a thought-provoking discussion starter on advancements in fertility treatment, an under-researched yet important issue, whilst Dr James Street explores the relationship between climate change and mental health.

Reflection is a core component of clinical and academic practice, and we are pleased to feature high quality reflective articles as part of this issue. In line with Dr Street's discussion starter, Gareth Williams presents an interesting piece regarding challenges with seeking mental health support during the pandemic. Moreover, Rafsan Chowdhury and Mr Roshan Vijayan delve into themes around sustainability, a timely piece given the UK government's current drive to reduce carbon emissions. Finally, Ethan Waisberg presents an interesting correspondence piece regarding their experience starting a non-profit organisation as a student, highlighting the ingenuity our medical students have to offer.

As always, we extend our gratitude to our hard working and dedicated editorial team, peer reviewers, faculty advisory board and our publisher, Cardiff University Press. We look forward to continuing our mission for medical student publishing throughout the coming years and are excited for what the future holds.

We hope you enjoy the Winter 2023 Issue of The British Student Doctor Journal!



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